



BIP: ACTIVITIES AND INFORMATION

Lessons and Activities

MONDAY 30/09

SALA STAMPA, 12:00 am -01:30 pm

TUESDAY 01/10

SALA STAMPA, 10:00 am -01:30 pm

WEDNESDAY 02/10

SALA STAMPA, 10:00 am -13:00 pm

THURSDAY 03/10

SALA STAMPA 02:30 pm – 04:30 pm

On Thursday afternoon (the exact time will be communicated during your stay), a bus will pick you up outside the SALA STAMPA for the trip to Tropea.

FRIDAY 04/10

TROPEA

The lectures will be held in our Sala Stampa (Centro Congressi Beniamino Andreatta). You'll be accompanied by our interns.

Here you can find the location:

- 1) <https://www.unical.it/media/medias/2021/Unical-campus-mappa.pdf>
- 2) <https://www.unical.it/campus/visita-il-campus/mappa/>



How you will travel from Rende to the university and back:

HOTEL DOMUS - UNIVERSITY

A bus will pick you up every day. The schedule will vary depending on the planned activities and will be communicated daily.

RETURN: Use public transportation

Follow the instructions below:

- Go to the UNICAL bus stops.
- Wait for line 136 in the first lane.

To use the urban bus service, download the MyCicero app where you can purchase tickets valid for 90 minutes.

Tip: If you want to take a trip to the city center, the bus to take is number 157. You should get off at the 'Autostazione' stop. From there, you can comfortably reach the center on foot in just a few minutes.

TRAVEL INFORMATION

LAMEZIA TERME – CASTIGLIONE COSENTINO

As communicated to Dr. Marilyn Bailey, a transfer service is available **for those arriving at 17:15**

- **Transfer service** from Lamezia Terme: you will find a transfer at 7:45 PM that will take you to the hotel.

For those arriving at 10:00 and 11:15, public transport can be used as indicated

- **Group of 7 people arriving with IT Airways in Lamezia Terme at 11:15:**
This group will use public transport, and tickets can be booked online (through Trainline or Trenitalia) at a reasonable price, as follows:
 - **01:15 - 01:20 pm:** Bus from Lamezia Terme Airport to Lamezia Terme Centrale station, line LMS31
 - **01:32 - 02:29 pm:** Regional Train 5560, Lamezia Terme Centrale to Castiglione Cosentino
- **Group of 2 people arriving from Düsseldorf at 10:00:**
This group can also use public transport, and tickets can be booked using the same platforms. Here are the available options:
 - **10:15 - 10:20 am:** Bus LMS19 from Lamezia Terme Airport to Lamezia Terme Centrale
 - **10:39 - 11:10 am:** Intercity Train 1588, Lamezia Terme Centrale to Paola



- **11:16 - 11:30 am:** Regional Train 21799, Paola to Castiglione Cosentino

Alternatively, in case of flight delays, the following travel option is available:

- **11:15 - 11:20 am:** Bus LMS23 from Lamezia Terme Airport to Lamezia Terme Centrale
- **11:39 - 12:09:** Intercity Train 556, Lamezia Terme Centrale to Paola
- **12:16 - 12:29:** Regional Train 5581, Paola to Castiglione Cosentino

Information regarding the transfer or public transport options to be used for the return will be provided to you during your stay here

LUNCH INFORMATION

For the days you will spend in Rende, dinner is always included at DOMUS HOTEL. As for lunch, you can choose to eat at the university cafeteria, at the various restaurants on campus, or go down to Quattromiglia (the neighborhood where your hotel is located) and find a wide selection of pubs, restaurants, and pizzerias where you can dine.

In Tropea, both lunch and dinner are included in your stay directly at the hotel.

BUDGET INFORMATION

Daily Budget:

- **Students:** €79
- **Teachers:** €128

Hotel Payment: must be paid personally upon arrival.

Hotel Prices:

- **Domus Hotel (Rende) - Half Board:**
 - **Students:** €70 per day
 - **Teachers:** €108 per day
- **B&B Laudato Sii (Tropea) - Full Board:**
 - **Students:** €79 per day
 - **Teachers:** €128 per day

Any changes will be communicated prior to your arrival.